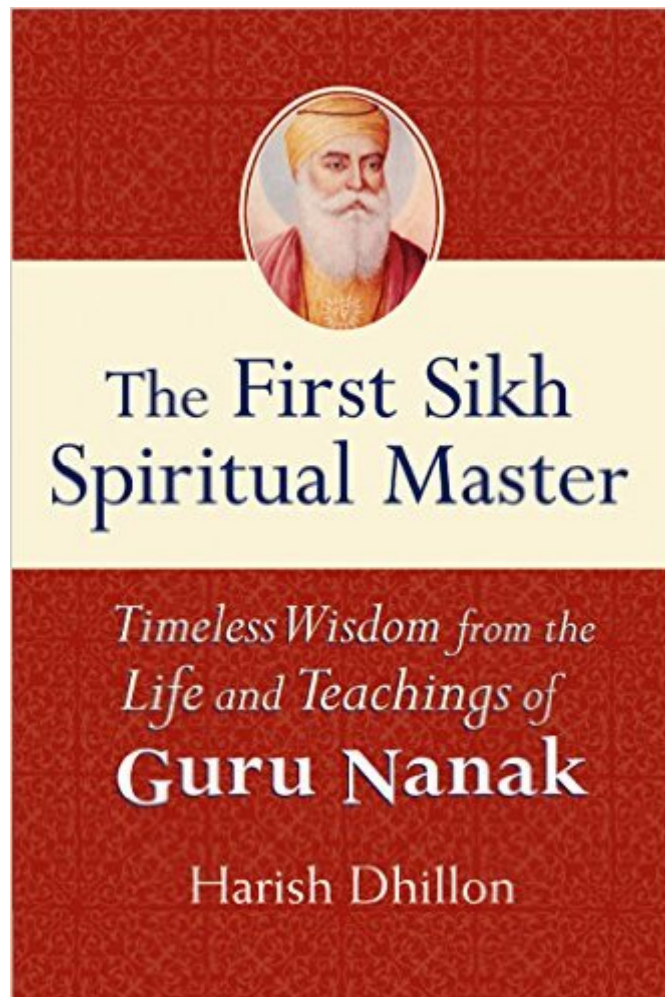


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# The First Sikh Spiritual Master: Timeless Wisdom From The Life And Techniques Of Guru Nanak



## Synopsis

Explore the life of a great spiritual leader and walk the peaceful path toward God-realization. Guru Nanak, the founder of Sikhism, was born during a period of political and religious turmoil in India in the fifteenth century. Tension between Hindus and Muslims had escalated, leading to greater polarization of the two religions. By establishing Sikhism, Nanak created a synthesis of Hinduism and Islam with the belief that God is One. He advocated a casteless society based on truth, unity and equality. During his twenty-three years of traveling he taught not only in India but also in Tibet, Ceylon (Sri Lanka) and in the area of the present-day countries of Saudi Arabia, Iraq and Iran, preaching the truth as he perceived it and showing humankind the path to salvation. Highlighting his quest for tolerance and compassion, this fascinating biography tells the story of a unique spiritual leader who showed a gentle, peaceful path to realizing God. Admired, loved and respected even in his lifetime, Guru Nanak continues to command admiration and respect five hundred years after he lived, with his lasting universal message of Absolute Unity more urgent and necessary than ever before.

## Book Information

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## Customer Reviews

Very, very good. If you have never read about the life of Nanak and the beginnings of Sikhism, pick this up. This man broke all the rules of the time and sought out his own path to God. I understand a lot of Nanak biographies include lots of miracles. All I know of Nanak I got from this book right here. Anyone who is looking at religions and wants to understand more about being a Sikh should read this. Live right, seek God, sing to Him, and keep your head covered! I loan this out a lot and everyone basically says "Wow!" when they return it.

I have three heroes that I look up to: Jesus, The Buddha, and Guru Nanak. This was a beautiful book that follows the beautiful story of Guru Nanak's beautiful life and his beautiful message (sorry to overuse the word "beautiful"). Beautiful.

The time during which Guru Nanak came to prominence was one of political corruption and religious oppression. He was born into a rich and prominent family, married and met his responsibilities as a son, brother, husband, father, and ethicist. However, his desire to end the sufferings of his countrymen led him on a lifelong journey to seek knowledge, discover Truth, and spread the Word.... His story, as told here by Harish Dhillon, is presented with eloquence and foresight. Dhillon's writing prowess sets the stage for a movement that changed a nation.

Too many Americans know so little about Sikhism that they routinely mistake Sikhs for Muslims. This book is a great introduction to Sikhism. Even though it is written by an adherent of that faith, the author strives for objectivity and largely succeeds. A good introduction to what the author claims is the 5th largest religion in the world. (I suspect he is ignoring Mormonism and Baha'i, however). Sikhism is a blend of Islam and Hinduism, focused primarily on mysticism and feeding the poor. The story of Guru Nanak's life is very inspiring. Because he lived in the fifteenth century, Sikhism stands alone in the course of its development. Far younger than Islam, far older than Baha'i or Mormonism, it is a testament to the eternal tendency in human beings to produce new religious insights and exemplars. If you like this book, try to find a copy of The Khalsa Generals by Gurbaksh Singh, which explains how a religion founded on gentleness and love, wound up producing ferocious warriors.

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